

Orion Harriers Forest Five Series - 1st July 2017 - Race 2

Pos	Number	First	Last	Cat	Club	Time
1	85	Roger	Maidment	M40	Orion Harriers	27:18
2	35	Joe	Dale	SM	VPH&THAC	27:25
3	58	Thomas	Grimes	SM	East London Runners	28:03
4	700	Fabien	Lassonde	SM	VPH&THAC	28:52
5	192	Brian	Jenkins	SM	Orion Harriers	29:23
6	207	Colin	Read	M40	Orion Harriers	29:35
7	28	Gary	Coombes	M40	Dagenham 88 Runners	30:13
8	152	Ben	Rowlands	S	Orion Harriers	31:04
9	141	Robin	McNelis	M40	Unaffiliated	31:11
10	191	Neil	Swift	M50	Orion Harriers	31:17
11	68	Giles	Hopkinson	M40	Orion Harriers	31:21
12	99	Eric	Paul	M50	Orion Harriers	31:29
13	21	Ciaran	Canavan	M40	East London Runners	31:33
14	208	James	Gleave	M40	Orion Harriers	31:45
15	209	Jennifer	Ansell	SW	East London Runners	32:09
16	6	Gary	Bagnall	M40	VPH&THAC	32:26
17	82	Kevin	Long	M40	VPH&THAC	32:46
18	112	Dan	Slipper	M40	East London Runners	32:50
19	113	Adrian	Smith	M40	Orion Harriers	32:55
20	41	Sophie	Donges	SW	VPH&THAC	33:03
21	130	Matt	Walker	SM	VPH&THAC	33:09
22	7	Rod	Baldwin	SM	East End Road Runners	33:24
23	243	Daniel	Hall	M40	Eton Manor	33:43
24	262	Seamus	Costello	SM	Unaffiliated	33:55
25	118	Robert	Sommerville	M40	Eton Manor AC	34:12
26	214	Martyn	Coulter	SM	Harlow RC	34:29
27	92	Robert	Moore	M50	Orion Harriers	34:50
28	42	Nele	Douglas	M40	26.2 Road Runners Club	34:57
29	22	Tracey	Carro Noya	W35	Serpentine RC	35:00
30	100	Roy	Perrott	M40	Orion Harriers	35:02
31	106	John	Sable	SM	Unaffiliated	35:06
32	57	Dan	Green	M40	Orion Harriers	35:07
33	47	Danny	Fitzsimons	M50	Orion Harriers	35:08
34	138	Jonathan	Wooldridge	M40	East London Runners	35:17
35	10	Bill	Bennett	M60	Orion Harriers	35:25
36	218	Adrian	Frost	M50	Eton Manor AC	35:31
37	256	Stanley	Greening	M50	VPH&THAC	35:34
38	211	Stephen	Bennett	M40	Orion Harriers	35:41
39	32	Grant	Corton	M50	Orion Harriers	35:45
40	217	Caroline	Frith	W35	Unaffiliated	35:50
41	257	Charlotte	Maling	SW	VPH&THAC	35:54
42	136	Malachy	Wolohan	SM	VPH&THAC	35:54
43	62	Martin	Haigh	SM	Orion Harriers	36:29
44	19	Dennis	Briggs	M40	Iford AC	36:31
45	235	Martin	Reynolds	SM	Orion Harriers	36:36
46	46	Cheryl	Evans	SW	VPH&THAC	36:39
47	242	Eleanor	Wilkinson	SW	East London Runners	36:51
48	37	Gareth	Davies	M40	East London Runners	36:55
49	39	Simon	Dent	M50	Mornington Chasers	37:06
50	212	Sean	Carey	M40	Alice rose Running Club	37:18
51	241	Emilia	Vynnycky	W45	London Heathside Runners A/C	37:24

52	93	Rachel	Morison	SW	VPH&THAC	37:33
53	74	George	Joseph	M60	Unaffiliated	38:12
54	233	Joanne	Plumb	W45	Orion Harriers	38:15
55	140	Roger	Berry	M70	Orion Harriers	38:15
56	56	Billy	Green	M50	Ilford AC	38:25
57	127	Clive	Tweedie	M60	Havering '90 Joggers	38:39
58	105	Liz	Rossberg	W35	Orion Harriers	38:39
59	43	Pippa	Dowswell	W45	Orion Harriers	38:44
60	134	Paul	Williams	M50	Orion Harriers	38:47
61	63	Simon	Haigh	M50	Orion Harriers	38:47
62	2	Steve	Adams	M50	Eton Manor AC	39:29
63	67	Nils	Hollmann	M40	Dagenham 88 Runners	39:32
64	226	Lucy	Humphreys	SW	orion harriers	40:00
65	251	Jon	West	M40	Orion Harriers	40:04
66	137	Sharon	Wood	W45	Orion Harriers	40:11
67	17	Andy	Bolderstone	M40	East London Runners	40:17
68	133	David	Wilkey	M40	VPH&THAC	40:25
69	265	Paul	O'Connor	M50	Unaffiliated	40:27
70	135	Frances	Wilson	W45	Orion Harriers	40:30
71	77	Maki	Kimura	W45	Mornington Chasers	40:41
72	132	Karen	West	W35	Orion Harriers	40:53
73	97	Ramesh	Pala	M50	East London Runners	40:54
74	13	Joyce	Berry	W45	VPH&THAC	41:03
75	15	Gina	Bianchi	W35	Orion Harriers	41:12
76	215	Fiona	Critchley	W45	East London Runners	41:16
77	182	John	Barrett	M50	Orion Harriers	41:20
78	258	Sarah	Burns	W35	East London Runners	41:35
79	143	Gary	Homewood	M50	Mornington Chasers	41:50
80	9	Debbie	Barry	W55	Harlow RC	42:05
81	151	Karen	Allworthy	W55	Orion Harriers	42:06
82	146	Dermot	O'Neill	M50	Unaffiliated	42:11
83	25	Vanessa	Clyne	W35	Orion Harriers	42:42
84	70	Kym	Hudson	W55	Orion Harriers	42:45
85	213	Alain	Cooper	M40	Orion Harriers	42:50
86	121	Alison	Tay	SW	VPH&THAC	42:57
87	228	Amy	Jung	SW	Orion Harriers	43:06
88	232	John	Neighbour	M50	Orion Harriers	43:11
89	30	Louise	Cootes	W35	Harlow RC	43:22
90	87	Anna	McEwen	W35	Orion Harriers	43:23
91	84	Andrea	Macqueen	W45	Orion Harriers	43:31
92	72	Rahana	Islam	W35	Dagenham 88 Runners	43:38
93	20	Pete	Bulaitis	M60	Orion Harriers	43:45
94	78	Martina	Lee	W35	East End Road Runners	43:47
95	252	Lucia	Gomez	SW	Unaffiliated	43:51
96	55	Nick	Gorman	M50	East End Road Runners	43:55
97	81	Christina	Long	W35	Eton Manor AC	43:59
98	90	Frank	Merrigan	M50	VPH&THAC	44:06
99	11	Francine	Bennett	W35	Unaffiliated	44:10
100	54	Jacqueline	Goh	W55	East End Road Runners	44:19
101	223	Marlis	Haase	W45	Victoria Park Harriers and Tov	44:42
102	206	Vito	Mennelia	SM	Unaffiliated	45:11
103	107	Joanna	Sargent	W35	Unaffiliated	45:50
104	263	Ruth	Fontaine	W55	Unaffiliated	45:51
105	119	Jane	Stichbury	W45	Eton Manor AC	46:12
106	59	Chris	Groves	M50	Barking Road Runners	46:20

107	44	Emma	Dudman	W35	Dagenham 88 Runners	46:25
108	61	Andrew	Gwilliam	M40	Barking Road Runners	46:25
109	79	Susan	Leese	W45	VPH&THAC	46:30
110	142	Ruel	Ordonio	M40	East London Runners	46:31
111	238	Louise	Szlezinger	W45	Orion Harriers	46:32
112	51	Andrzej	Gajbutowicz	M50	VPH&THAC	46:45
113	259	Alexandre	Vessiere	SM	Unaffiliated	46:48
114	237	Graham	Stubbs	M40	Unaffiliated	46:51
115	33	Sophie	Critchlow	W45	VPH&THAC	46:55
116	115	Lisa	Smith	W55	Orion Harriers	47:22
117	71	Phil	Hudson	M60	Ware Joggers	47:23
118	36	Hayley	Dalton	W45	Eton Manor AC	47:34
119	145	Lyndsey	Jones	W45	Orion Harriers	47:39
120	60	Vicki	Groves	W45	Barking Road Runners	48:02
121	34	Ian	Cummins	M40	Dagenham 88 Runners	48:09
122	129	Timi	Veerasamy	W65	Dagenham 88 Runners	48:30
123	3	Claire	Adamson	W35	East End Road Runners	48:56
124	94	Austin	Nyamande	M50	Harlow RC	49:06
125	210	Sacha	Ackland	W35	Eton Manor AC	49:25
126	202	Denise	Harding	W35	Unaffiliated	50:42
127	216	Lucy	Footman	SW	East End Road Runners	51:26
128	229	Julie	Kitto	W45	Orion Harriers	51:30
129	254	Bella	Macqueen	SW	Unaffiliated	51:44
130	230	Chris	Leith	SM	Orion Harriers	52:15
131	75	Pavish	Karnik	SM	East End Road Runners	53:22
132	52	Julie	Gillender	W45	Ilford AC	54:37
133	128	Sam	Veerasamy	M70	Dagenham 88 Runners	54:40
134	1	Pam	Jones	W75	Ilford AC	54:45
135	120	Jane	Swanson-Sprent	W45	Dagenham 88 Runners	54:58
136	103	Sharon	Robinson	W45	Dagenham 88 Runners	54:59
137	222	Maya	Goodwin	W45	East London Runners	56:19
138	80	Karen	Levison	W45	East London Runners	56:20
139	255	Frank	Brownlie	M60	East London Runners	56:21
140	98	Vinodini	Patel	W55	East End Road Runners	56:44
141	260	Eleanor	Williams	SW	Run Wild	58:04