

Orion Harriers Forest Five Race 1

9th June 2018

Pos	Number	First	Last	Time	Cat	Club
1	562	Aaron	Mcgrady	27:19	SM	VPH&TH AC
2	540	Thomas	Grimes	28:05	SM	East London Runners
3	592	Gary	Towers	28:24	M40	Eton Manor AC
4	618	Daniel	Mutlow	28:28	SM	VPH&TH AC
5	510	Mark	Boulton	28:47	SM	East London Runners
6	543	Nick	Harris-Fry	29:00	SM	Orion Harriers
7	522	James	Cordwell	29:50	M40	VPH&TH AC
8	576	Stephen	Philcox	30:00	M50	Ilford ac
9	582	Jose	Rodriguez	30:09	SM	East London Runners
10	285	Rob	Daly	30:12	SM	London Frontrunners
11	544	Rob	Hayday	30:25	SM	Orion Harriers
12	300	Dan	Gritton	30:32	M40	East London Runners
13	434	Fabien	Lassonde	30:36	SM	VPH&TH AC
14	611	James	Lynch	30:44	M40	London Heathside
15	606	Matt	Woodman	30:46	M40	Orion Harriers
16	515	Ciaran	Canavan	30:51	M40	East London Runners
17	482	Jeremy	Judge	31:51	SM	school21
18	609	Paul	Breslin	31:55	M40	VPH&TH AC
19	561	Darren	Matussa	32:02	M40	North Herts RRC
20	579	Colin	Read	32:07	M50	Orion Harriers
21	600	Martin	Westley	32:15	SM	Harlow RC
22	83	Tim	Charters	32:30	SM	London Frontrunners
23	571	Dan	O'Sullivan	32:33	M40	VPH&TH AC
24	505	Andrew	Baxter	32:37	M40	East London Runners
25	564	Robin	Mcnelis	32:49	M40	UKRunChat Running Club
26	555	Annabel	Litchfield	32:58	SW	London Heathside
27	556	Kevin	Long	33:00	M40	VPH&TH AC
28	615	Scott	Reid	33:16	M40	Orion Harriers
29	616	David	Cull	33:25	SM	Serpentine RC
30	619	Tim	Freeland	33:31	SM	Orion Harriers
31	293	Adam	Dent	33:41	SM	East End Road Runners
32	537	Ben	Green	33:44	SM	VPH&TH AC
33	586	Hannah	Somani	33:52	SW	VPH&TH AC
34	529	Philip	Duggan	34:08	M40	London Heathside
35	575	Roy	Perrott	34:16	M40	Orion Harriers
36	587	Rob	Sommerville	34:16	M50	Eton Manor AC
37	523	Martyn	Coulter	34:29	SM	Harlow RC
38	509	Gill	Bland	34:31	W35	Harrow AC
39	558	Stuart	Manktelow	34:38	M50	Trent Park Running Club
40	464	Robert	Scott	34:38	M40	Barnet & District AC
41	584	John	Sable	34:45	SM	Unaffiliated
42	539	Dan	Green	34:47	M40	Orion Harriers
43	493	Andy	Lunn	34:52	M40	Orion Harriers
44	514	Christopher	Burgess	35:02	M40	Runfit Essex
45	53	Peter	Bowles	35:05	M40	Serpentine RC
46	126	Stuart	Colley	35:20	M40	Orion Harriers
47	131	Neil	Colquhoun	35:26	M40	London Frontrunners
48	583	Fiona	Russell	35:28	W45	Mornington Chasers
49	590	Stephen	Taylor	35:34	M40	Orion Harriers

50	494	Leonard	Clement	35:41	SM	London Frontrunners
51	541	Jo	Hall	35:47	SW	VPH&TH AC
52	66	Bradley	Brown	36:01	M40	Iford AC
53	498	James	Creed	36:03	SM	East London Runners
54	496	Matas	Vala	36:16	SM	Unaffiliated
55	568	Rachel	Morison	36:25	SW	VPH&TH AC
56	526	Gareth	Davies	36:32	M40	East London Runners
57	401	Jak	Hambleton	36:43	SM	Unaffiliated
58	559	Marco	Maserati	36:48	M50	London Heathside
59	528	Simon	Dent	36:52	M50	Mornington Chasers
60	444	Iain	O'Donnell	36:58	SM	VPH&TH AC
61	577	Richard	Potter	37:00	SM	East London Runners
62	507	Charlotte	Bewley	37:07	W35	VPH&TH AC
63	410	Martin	Hockey	37:11	M40	Eton Manor
64	613	Grant	Corton	37:25	M50	Orion Harriers
65	531	Danny	Fitzsimons	37:30	M50	Orion Harriers
66	295	Pippa	Dowswell	37:39	W45	Orion Harriers
67	530	Claire	Fisher	37:46	SW	Unaffiliated
68	549	Lucy	Jarvis	37:48	W35	Orion Harriers
69	38	Simon	Baxter	38:26	M40	Orion Harriers
70	524	Eleanor	Croxford	38:31	SW	Unaffiliated
71	534	Jerome	Francis	38:31	SM	Unaffiliated
72	597	Darren	Welsford	38:42	SM	Orion Harriers
73	593	Clive	Tweedie	38:53	M60	Havering '90 Joggers
74	547	Christine	Inch	39:12	W55	Orion Harriers
75	614	Sarah	Proudfoot	39:25	SW	Unaffiliated
76	574	Ramesh	Pala	39:29	M50	East London Runners
77	384	Simon	Haigh	39:33	M50	Orion Harriers
78	511	Dennis	Briggs	39:37	M40	Iford AC
79	601	Paul	Williams	39:39	M50	Orion Harriers
80	608	Edward	Skinner	39:51	M60	Tiptree Road Runners
81	594	Gaye	Van Der Vyve	39:55	W45	Iford AC
82	617	Aaron	Williams	39:57	M40	East London Runners
83	546	Lucy	Humphreys	40:05	SW	Orion Harriers
84	596	Nick	Webb	40:32	M50	Orion Harriers
85	607	Roger	Berry	40:38	M70	Orion Harriers
86	603	Frances	Wilson	40:42	W45	Orion Harriers
87	538	Billy	Green	40:47	M50	Iford AC
88	499	Dermot	O'Neill	41:05	M50	Unaffiliated
89	431	Nils	Hollmann	41:23	M40	Dagenham 88 Runners
90	535	Lance	Fuller	41:28	M50	East London Runners
91	554	Maki	Kimura	41:29	W45	Mornington Chasers
92	497	Rafaele	Lamour	42:04	W45	Mornington Chasers
93	109	Vanessa	Clyne	42:41	W35	Orion Harriers
94	459	Joanne	Plumb	42:47	W45	Unaffiliated
95	503	June	Barrow-Greer	42:51	W65	VPH&TH AC
96	486	Rakib	Miah	42:53	SM	school21
97	484	James	Luong	42:54	SM	school21
98	605	Sharon	Wood	43:03	W45	Orion Harriers
99	548	Rahana	Islam	43:13	W35	Dagenham 88 Runners
100	512	Pete	Bulaitis	43:22	M60	Orion Harriers
101	487	Noemi	Munt Burette	43:24	SW	school21
102	489	Modestas	Razanauskaz	43:29	SM	school21
103	379	Paul	Grubb	43:33	W55	Unaffiliated
104	485	Ahmet	Lushi	44:08	SM	school21

105	479	Ifte	Chowdury	44:09	SM	school21
106	572	David	Page	44:10	M50	Harlow RC
107	589	Michelle	Stockwell	44:17	W35	Orion Harriers
108	588	David	Stockwell	44:17	M50	Orion Harriers
109	567	Dhurmendra	Mistry	44:32	M50	Orion Harriers
110	570	Helen	Nickols	44:39	W35	VPH&TH AC
111	560	Margherita	Maserati	44:40	W55	London Heathside
112	533	Bronya	Francis	44:48	SW	VPH&TH AC
113	573	Janice	Page	44:56	W55	Harlow RC
114	557	Andrea	Macqueen	44:59	W55	Orion Harriers
115	553	Nicola	Kerr	45:09	W45	VPH&TH AC
116	495	Laura	Dawkin	45:26	W35	Unaffiliated
117	436	Gill	McKever	45:37	W45	Unaffiliated
118	610	Ebolum	Mordi	45:56	M40	VPH&TH AC
119	525	Ian	Cummins	46:04	M50	Dagenham 88 Runners
120	506	Francine	Bennett	46:22	W35	VPH&TH AC
121	578	Fulva	Prole	46:36	W45	Orion Harriers
122	521	Louise	Cootes	46:58	W35	Harlow RC
123	491	Emma	Dudman	47:03	W45	Dagenham 88 Runners
124	612	Sacha	Ackland	47:10	W35	Eton Manor
125	552	Pavish	Karnik	47:33	M40	East End Road Runners
126	542	John	Hanlon	47:48	M50	Orion Harriers
127	490	Leonard	Apps	48:29	M50	Unaffiliated
128	492	Gill	Hopkins	48:46	W55	Unaffiliated
129	545	Phil	Hudson	49:00	M60	Ware Joggers
130	532	Ruth	Fontaine	49:31	W45	Unaffiliated
131	520	Alain	Cooper	49:32	M40	Barking Road Runners
132	513	Deborah	Bumfey	50:52	W55	Orion Harriers
133	488	Jubril	Oni	51:18	SM	school21
134	466	Isadora	Tan	51:19	SW	Unaffiliated
135	478	Eylin	Bastidas	51:42	SW	school21
136	595	Christina	Watson	53:16	W55	Eton Manor AC
137	604	Daniela	Witten	54:29	W45	Orion Harriers
138	500	Chris	Leith	54:53	SM	Orion Harriers
139	580	Elizabeth	Roberts	55:56	SW	Harlow RC
140	480	Destinee	Hassan	60:20	SW	school21
141	481	Rodi	Joseph	60:29	SW	school21
142	483	Zepora	Karanja	96:47	SW	school21