ORION HARRIERS
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Off The Beaten Track

Self Navigation
Route 3

This route takes you on a relatively flat route but there are lots of small trails so pay careful attention to the guide. It is a predominantly out and back route to Highams Park Lake and an are of the forest we don't often find ourselves in.

! = Caution, be careful

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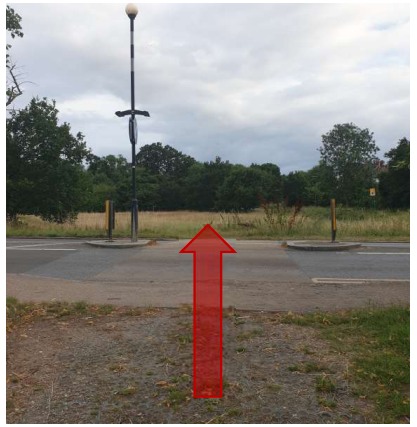
- Start at the gate opposite the clubhouse. With your back facing the clubhouse, run directly ahead, down the hill
- When you reach the bottom of the hill, there is a cross roads in the path. Turn right and follow the path. When you see a fork in the path, keep to the left
- Continue forward and turn right when you reach this signpost (signposted The View, Butler's Retreat, queen Elizabeth's Hunting Lodge etc.)
- Run up the hill towards the Butlers Retreat
- When you reach the water font, turn right and run along the grass path and down the hill towards the golf club, café and car parks

- Once you reach the bottom of the hill, turn left and run along the grass path towards Rangers Road
- Cross Rangers Road carefully and continue directly forward onto the grass path



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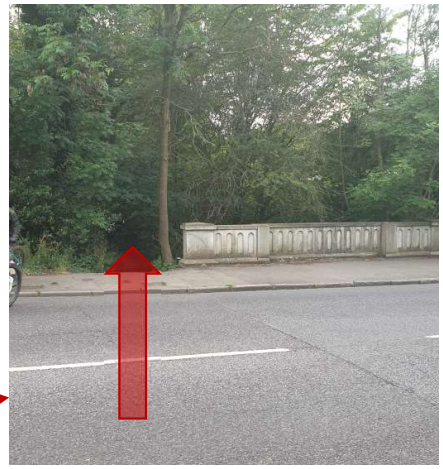
- You will reach a cross roads in the path. Go straight ahead. The pond will be to your left
- Continue straight along the trail until you reach this fork in the path. At the fork, turn right

- Continue straight along the grass path until you reach Whitehall Road
- Carefully cross the road. You will see a white wall along the pavement



- Enter the trail to the left of the wall

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- Follow the trail, with the River Ching to your right. When you reach the fork in the path turn right
- You will reach a very short but steep incline

- Go up the incline and turn right

- Follow the trail and you will come out of the trees. Turn right.
- There will be a fork in the path. Take the path on the right hand side and continue to follow it straight ahead
- You will come to another fork in the path. This time take the left turn

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- Continue along the trail until you reach the green gate that leads to Chingford Lane
- Cross the road carefully and re-enter the forest on the other side through gate 143

- Very quickly there will be a fork in the trial. Turn right
- Continue to follow the trail and you will come to this tree

- Follow the path to the right hand side of the tree
- You will reach a small wooden bridge. Cross the bridge and proceed forward

- Continue to follow the path through the trees. Eventually it will turn slightly to the left, continue to follow it. The houses on Forest Glade will be visible to your right and the lake will be on your left.
- You will come out of the trees and will see this on your left

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- Continue forward until you reach The Charter Road. Turn left onto the pavement and you will see the sign for Highams Park Lake

- Continue along the footpath until you reach gate 196, then turn into the park with the lake to your left
- Continue straight along the path, always staying on the path that runs alongside the lake
- Eventually you will reach a unique looking tree stump. Go past the tree and then take the path that turns right

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- Continue up the hill following the path, and turn left when you reach the top
- Follow the path and turn slightly right at the fork
- Follow the path along until you reach Chingford Lane via gate 143
- Cross the road carefully and continue forward into the field and along the grass path
- The path opens up onto grass. You will see the golf course to your left. Continue forward and then turn right onto the trail path. Continue forward.
- You will pass a sign for the 3rd and 12th tee for the golf course on your left. Do not turn at this sign, continue forward

- When you reach the end of the path you will see gate 140 ahead. There is a left hand turn just before you reach this gate. Turn left there
- Follow the trail. You will come to an opening where the golf course is to your left. Continue forward onto the small trail

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- Continue forward until you reach a leafy path. Turn right.
- You will then come to the golf course at the end of the path. Run straight across the course, but please make sure nobody is about to hit their ball before you do!
- Once you have crossed the course, turn immediately left

- Follow the trail through the trees until you reach the tree with distinctive bark

- Turn right at the tree and follow the trail
- Continue along the trail. You will notice you are now back on the same trail that you came along earlier (in the opposite direction)
- When you come to a fork in the path, take the path to the right
- Follow the trail until you reach Whitehall Road. You will be back at the white bridge that you saw earlier

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Route 3

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- Carefully cross the road
- Enter the field and turn immediately left

- Follow the trail. It is very swirly and narrow so will probably need to be single file
- You will come to a small bridge.

- Cross the bridge **one at a time**
- Continue along the trail, the River Ching will be on your right
- When you reach the end of the trail you will cross the threshold shown on the right
- Turn right then follow the trail across the grass and follow it round to the left

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- You are now retracing your steps from earlier
- When you reach Warren Pond, keep the pond to your right and continue straight across the cross road in the path
- When you reach the fork in the grass path, take the path that forks to the right

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- Carefully cross Rangers Road
- Enter the field and run straight along the grass path, heading towards the car parks
- Continue past the car parks, keeping them to your left, until you reach the forest
    - Continue straight onto the forest path and run to the top of the hill
    - You will now reach the gate opposite the club house
    - You have now completed the route. Well done