

Orion 15

(the COVID postponed 2020 edition)

20th November 2021

Pos	Num	Name	Club	Age Cat	Time		
					h	m	s
1	280	Liam Vandamme	Barts and the London RC	SM	1	40	40
2	126	Thomas Grimes	East London Runners	V40	1	41	17
3	244	Mike Roberts	Orion Harriers	SM	1	41	51
4	299	Scott Williams	Stowmarket Striders RC	SM	1	43	45
5	158	Brian Jenkins	Orion Harriers	V40	1	43	55
6	104	Ben Francis	Unaffiliated	SM	1	43	59
7	201	Michael McTernan	Orion Harriers	SM	1	44	1
8	185	Ross Macdonald	Ranelagh Harriers	SM	1	44	9
9	159	David Jones	VPH&THAC	SM	1	44	27
10	22	Tom Beach	Royston Runners	SM	1	45	44
11	240	Will Reed-Wright	Orion Harriers	SM	1	46	43
12	262	Allen Smalls	Colchester Harriers	V50	1	47	59
13	89	Stephen Fabes	VPH&THAC	V40	1	48	25
14	221	Adam Parkes	Mornington Chasers	V40	1	48	44
15	139	John Henry	East London Runners	V40	1	48	47
16	25	Donald Bennet	Orion Harriers	SM	1	48	57
17	197	Ben McGeown	Kent AC	SM	1	49	1
18	181	Edward Lunn	Orion Harriers	SM	1	49	2
19	218	Dean Ovel	Leigh on Sea Striders	V40	1	49	6
20	30	Jared Bethell	Bishops Stortford RC	SM	1	49	39
21	275	George Tidmarsh	Unaffiliated	SM	1	50	28
22	212	Craig Norris	VPH&THAC	SM	1	50	37
23	228	James Pilch	Eton Manor AC	V40	1	50	48
24	298	Patrick Williams	VPH&THAC	SM	1	50	54
25	84	Rob Dutfield	Orion Harriers	SM	1	51	10
26	58	Lucy Charles-Barclay	Orion Harriers	SW	1	51	15
27	295	Neill Whittaker	East London Tri	V40	1	51	32
28	48	Joff Butler	Unaffiliated	SM	1	51	37
29	303	Tim Wright	Orion Harriers	V50	1	52	10
30	15	Reece Barclay	Orion Harriers	SM	1	52	46
31	180	Richard Lowden	Royston Runners	V40	1	53	21
32	59	Steven Church	Huntingdon Athletics Club	V50	1	53	58
33	153	Rich Hynes	Grange Farm	SM	1	54	13
34	32	Rob Blair	VPH&THAC	V40	1	54	32
35	98	Simon Fitzmaurice	Mornington Chasers	SM	1	54	42
36	198	Neil McGoun	Orion Harriers	V40	1	55	27
37	294	Jon Whitehouse	Loughton AC	V40	1	56	15
38	261	Sam Skerratt	London City AC	SM	1	56	40
39	141	Paul Hewett	Fairland Valley Spartans	SM	1	57	22
40	174	Gavin Laws	Witham	SM	1	57	46
41	14	Adam Baker	Orion Harriers	V50	1	58	0
42	63	Lindsey Colman	Vegan Runners	SW	1	58	11
43	45	Russell Brown	Unaffiliated	V50	1	58	49
44	115	Peter Goldring	Lea Striders	SM	1	59	1
45	286	Juliette Watkinson	Wymondham AC	SW	1	59	10
46	54	Stuart Chandler	Ware Joggers	V40	2	0	12
47	226	Alex Pickering	East London Runners	V40	2	0	35
48	156	Nayana Jain	Unaffiliated	SW	2	1	5
49	134	Richard Harrison	Royston Runners	V50	2	1	33
50	248	Ben Rowlands	Orion Harriers	V40	2	1	37
51	274	Stephen Thompson	Orion Harriers	V40	2	2	45
52	183	Phu Ly	Orion Harriers	V40	2	2	45
53	90	Clare Fanning	Unaffiliated	V40	2	3	9
54	148	Ben Horsburgh	RED Runners	SM	2	3	42
55	79	Andrew Doig	East Essex Tri Club	V40	2	3	43

56	292	Amy White	London City AC	SW	2	3	44
57	137	Peter Hellowell	Headington RR	SM	2	4	20
58	223	Billy Parr	Orion Harriers	SM	2	4	24
59	36	Betty Bohane	East London Runners	SW	2	4	26
60	305	Gakuya Kitada	Barts and the London RC	SM	2	4	36
61	311	Kat Alpe	Trent Park RC	SW	2	5	5
62	1	Josh Abbott	Unaffiliated	SM	2	5	26
63	67	Simon Cottle	Eton Manor AC	V40	2	5	35
64	206	Rachel Morison	VPH&THAC	SW	2	5	58
65	284	Alistair Wardle	East London Tri	V40	2	6	15
66	193	Matibini Matibini	Leigh on Sea Striders	V40	2	6	25
67	100	Katrin Flikschuh	VPH&THAC	V60	2	6	57
68	70	Dennis Curry	London Heathside	V40	2	6	59
69	111	Daniel Gilby	Unaffiliated	SM	2	6	59
70	233	James Quartly	Orion Harriers	SM	2	6	59
71	210	James Nichols	East London Runners	SM	2	7	8
72	93	John Ferguson	Cambridge & Coleridge AC	V50	2	7	27
73	68	Martyn Coulter	Lonely Goat RC	SM	2	8	55
74	259	Chris Seymour	Mid Essex Casuals	V50	2	9	0
75	227	Paul Pickering	Unaffiliated	V40	2	9	52
76	60	Kelly Clark	VPH&THAC	V40	2	10	8
77	88	James Emson	Unaffiliated	SM	2	10	29
78	308	Annie-Mae Wright	Barts and the London RC	SW	2	10	39
79	62	James Collett	Orion Harriers	V40	2	10	41
80	203	David Mills	Loughton AC	V50	2	11	4
81	81	Liam Dooley	Unaffiliated	V40	2	11	14
82	268	Paul Stockings	Woodford Green AC	V60	2	11	33
83	131	Daniel Hancock	Unaffiliated	V40	2	11	55
84	103	Derek Fowler	St Albans Striders	V40	2	12	45
85	202	Paul Mee	VPH&THAC	V50	2	13	25
86	9	Rebecca Armstrong	Orion Harriers	SW	2	13	39
87	91	Jane Fanning	Serpentine RC	V40	2	14	9
88	175	Benjamin Leeds	Mid Essex Casuals	SM	2	14	28
89	35	Calvin Bobin	East London Runners	V60	2	14	46
90	37	Sharon Bolister	Eton Manor AC	SW	2	15	37
91	38	Simon Bonner	VPH&THAC	V40	2	15	46
92	214	Tracey Carro Noya	Serpentine RC	V40	2	16	4
93	245	Nick Robinson	Unaffiliated	SM	2	16	26
94	56	Philip Chapman	VPH&THAC	V40	2	17	12
95	190	Regis Martin	East London Runners	V40	2	17	35
96	306	Madeleine Bell	Barts and the London RC	SW	2	18	7
97	273	Paul Thompson	East London Runners	V50	2	18	10
98	121	Johann Graggaber	Cambridge & Coleridge AC	V40	2	18	20
99	157	Faye Jeacocke	VPH&THAC	V40	2	18	36
100	307	Paul Goodhew	Orion Harriers	M50	2	19	3
101	167	Paul Knight	Unaffiliated	V50	2	19	24
102	270	James Tharratt	Orion Harriers	V40	2	20	21
103	133	Danielle Harrington	Tiptree Road Runners	V40	2	20	58
104	173	Mark Lawes	Tiptree Road Runners	V50	2	20	59
105	168	Vicky Knight	Tiptree Road Runners	V40	2	21	4
106	5	Marcus Alexander	Unaffiliated	V40	2	21	26
107	309	Alistair Gillan	Springfield Striders RC	M40	2	21	43
108	176	Michael Loiacono	East London Tri	V40	2	22	48
109	47	Roman Burroughs	Benfleet Running Club	SM	2	23	4
110	85	Russell Edgings	Havering Tri	V40	2	23	34
111	19	Tim Bavister	Unaffiliated	V40	2	23	36
112	169	Kasia Kostyrka-Allchorne	Southend on Sea AC	V40	2	24	46
113	7	Dominic Argyle	Unaffiliated	V40	2	24	58
114	33	Tom Blanchford	Unaffiliated	SM	2	25	16

115	200	Sue McMaster	East London Tri	V40	2	25	40
116	276	Annie Trihan	VPH&THAC	SW	2	26	20
117	110	Gigi Giannella	VPH&THAC	V40	2	26	24
118	83	Pippa Dowswell	Eton Manor AC	V50	2	26	30
119	52	Michael Cates	Eton Manor AC	V50	2	26	36
120	293	Hannah White	Orion Harriers	SW	2	29	6
121	207	Martin Moulton	VPH&THAC	V50	2	29	20
122	13	Andy Bain	Serpentine RC	V40	2	29	36
123	27	Steve Bennett	Orion Harriers	V50	2	30	26
124	246	Liz Rossbergcottle	Orion Harriers	V40	2	30	29
125	243	Russell Richards	Unaffiliated	V60	2	30	34
126	144	Maud Hodson	Eton Manor AC	V40	2	30	36
127	312	Charlotte Smith	Serpentine RC	W40	2	30	54
128	29	Joyce Berry	VPH&THAC	V50	2	31	9
129	260	Anoushka Sharp	Barts and the London RC	SW	2	31	36
130	279	Jan Van Weert	Eton Manor AC	V40	2	31	42
131	154	Jennie Ingrey	Orion Harriers	V50	2	33	10
132	138	Beth Henry	Unaffiliated	SW	2	33	25
133	234	Krishna Rajah	Orion Harriers	V40	2	33	32
134	6	Mo Allen	Unaffiliated	V50	2	33	59
135	283	David James Ward	Leigh on Sea Striders	V50	2	34	13
136	192	Vanessa Mathers	Southend on Sea AC	V50	2	34	25
137	191	Adrian Mathers	Hockley Trail Runners	V50	2	35	17
138	75	Jonathan Davies	Datchet Dashers	V50	2	35	41
139	232	Oliver Purton	Orion Harriers	V40	2	36	25
140	119	Isobel Gowers	Springfield Striders RC	V40	2	36	50
141	16	June Barrow-Green	VPH&THAC	V60	2	37	22
142	107	Lorna Gaffney	Loughton AC	V50	2	37	57
143	231	Paula Purtell	Blackwater Tri Club	V50	2	37	58
144	195	Kerry Mavris	Harlow Running Club	V40	2	38	17
145	106	Kate Fry	Greenwich tritons	V40	2	38	22
146	17	Gary Bartlett	Orion Harriers	V60	2	38	34
147	310	Thomas Hardy	Unaffiliated	M40	2	40	23
148	285	David Watkins	Unaffiliated	V50	2	44	19
149	235	James Randall	Unaffiliated	SM	2	44	19
150	220	Jane Pannell	Eton Manor AC	V50	2	44	25
151	177	Pat Lok	Unaffiliated	SW	2	45	13
152	164	Robert King	Unaffiliated	V60	2	45	13
153	151	Ali How	VPH&THAC	V40	2	46	36
154	101	Adam Ford	Unaffiliated	V40	2	46	36
155	146	Gary Homewood	Mornington Chasers	V50	2	46	41
156	215	Yvonne Olney	Datchet Dashers	V60	2	48	58
157	65	Grant Conway	East London Runners	V50	2	51	45
158	252	Tracy Russell	Tiptree Road Runners	V40	2	52	52
159	150	Catriona Hoult	East London Runners	V40	2	53	8
160	18	Iain Bass	Unaffiliated	V40	2	53	42
161	269	Louise Taylor	Eton Manor AC	V40	2	55	42
162	24	Graeme Bell	East London Tri	V40	2	55	42
163	225	Lorna Pettifer	Mid Essex Casuals	V50	2	57	5
164	271	Sue Thomas	Trent Park RC	V50	2	57	57
165	142	Martin Hobley	Orion Harriers	V40	2	59	36
166	102	Clare Foreman	Unaffiliated	SW	3	0	21
167	296	Donna Wilkins	Orion Harriers	V50	3	0	21
168	162	Andrew Kennedy	Orion Harriers	V40	3	0	21
169	39	Samantha Bracebridge	Mid Essex Casuals	V50	3	1	21
170	155	Mark Jackson	Mid Essex Casuals	V50	3	1	26
171	264	Helen Smith	Trail Running Association	V50	3	3	38
172	204	Dhurmendra Mistry	Orion Harriers	V50	3	6	44
173	46	William Burbridge-James	VPH&THAC	V60	3	9	19

174	182	Han Lu	Orion Harriers	V40	3	14	29
175	116	Nick Gorman	East End Road Runners	V50	3	14	29