



LOUGHTON ATHLETIC CLUB

Event: Ware Cup 11th December 2021

Race: Senior Men and Women

<i>Pos</i>	<i>Club</i>	<i>Points</i>	<i>Pos</i>	<i>Club</i>	<i>Points</i>
MEN			WOMEN		
4	East London Runners	96		East London Runners	
3	Eton Manor Ilford	41	3	Eton Manor Ilford	46
5	Loughton AC	114	2	Loughton AC	45
2	Orion Harriers	29	4	Orion Harriers	50
1	Victoria Park and Tower Hamlets	19	1	Victoria Park and Tower Hamlets	24
East London Runners					
1	Paul Quinton (M40)	5		Caroline Frith (W40)	9
2	Alex Pickering (M40)	19		Alexandra Rutishauser-Perera (W)	42
3	Amit Marks (M40)	34		Morag Campbell (W50)	43
4	Andrew Baxter (M50)	38			
		<hr/> 96			<hr/>
Eton Manor			Eton Manor		
1	Stevie Boyle (SM)	8	1	Jenny Heymann (W40)	1
2	Dylan Williams (SM)	10	2	Lee Milne (W45)	5
3	Graham White (SM)	11	3	Sarah Carey (SW)	17
4	George Fernandez (SM)	12	4	Louise Vacher (W55)	23
		<hr/> 41			<hr/> 46
Ilford AC			Ilford AC		
1	Seb Parris (SM)	13	1	Frieda Keane (W55)	38
2	Danny Holeyman (M45)	23	2		
3			3		
4			4		
		<hr/>			<hr/>
Loughton AC			Loughton AC		
1	Jon Whitehouse (M45)	15	1	Zoe Oldfield (W40)	4
2	Steve Palmer (M50)	29	2	Mary Knapman (W40)	6
3	Alan Fricker (M45)	33	3	Lorna Gaffney (W50)	13
4	David Mills (M55)	37	4	Sharon Palmer (W45)	22
		<hr/> 114			<hr/> 45
Orion Harriers			Orion Harriers		
1	Dan Moses (SM)	2	1	Hannah White (SW)	7
2	Rich Smith (SM)	4	2	Christine Kennedy (W60)	10
3	Mick McTernan (SM)	7	3	Jasmin Fitzpatrick (SW)	12
4	Scott Reid (M50)	16	4	Jo Plumb (W50)	21
		<hr/> 29			<hr/> 50
Victoria Park and Tower Hamlets			Victoria Park and Tower Hamlets		
1	Adam Millbery (SM)	1	1	Lydia Briggs (SW)	2
2	David Jones (SM)	3	2	Valerie Wong (SW)	3
3	Jon Andueza (SM)	6	3	Faye Jeacocke (W40)	8
4	Patrick Thomas (SM)	9	4	Anna Fiedlerova (SW)	11
		<hr/> 19			<hr/> 24