

# **67<sup>th</sup> Chingford League Season (2021/22)**

**Presentations at Wanstead Flats 5<sup>th</sup> March 2022**

## **Junior medal winners**

**U11f 1 Eva Prince WG, 2 Zoe Wright WG, 3 Sophia Parker WG**

**U11m 1 Rory Willis LH, 2 Eric Frith WG, 3 Oskar Prince WG**

**U13f 1 Pia Trauttmansdorff OH, 2 Faye Owers WG, 3 Ella Traynor WG**

**U13m 1 Harry Stockhill WG, 2 Daniel Arnold WG, 3 Oliver Brown WG**

**U15 f 1 Lizzie Knapman LO, 2 Charlotte Palmer LO, 3 Matilda Frith WG**

**U15m1 Bruno Stubbs LO; 2 Max Bell OH, 3 George Fox LO**

**U17f 1 Imogen Smith OH**

**U17m1 George Abbott LO 2 Joseph James LO, 3 Nathan Wakinshaw LO**

## **Senior medal winners**

### **Senior Women**

**V60 Champion (ELR Cup): Christine Inch OH**

**Runner up: Ai Seng Paul ED ,3rd Place: Katrin Flikschuh VP**

**V50 Champion: Ali Trauttmendorff VP**

**Runner up: Lorna Gaffney LO, Third Place: Becky Evans EL**

**V40 Champion: Jenny Heymann EM**

**Runner up: Sarah Flanagan EM, Third place: Anja Greenwood TP**

**U20: (Dagenham Cup) Champion: Mia Ali LO Runner up: India Emery OH**

**Overall Women's Champion: Emily Jeanes TP**

**Runner up: Lily Zechmann VP Third Place: Laura Thompson VP**

### **Senior Men**

**V60 Champion (Essbee Trophy): Peter Crockford LH**

**Runner up: Adrian Davison BR. Third place: Peter Ellis BA**

**V50 Champion: Scott Aiken TP**

**Runner up: Scott Reid OH; Third place: Steve Palmer LO**

**V40 Champion (Glyn Sayer Cup): Gary Towers EM**

**Runner up: James Pilch EM; Third place: Jim Arrowsmith TP**

**U20 Champion: (Roy Perrott Cup) Nathan Boase OH**

**Overall Men's Champion (Brian Hart Trophy): Jack Henson ET**

**Runner up: Jamie Courtaud VP, Third Place: Zak Knill VP**

## **2022 C/L Relay Championships**

U11/13 Girls Team: WG

U11/13 Boys: WG

**Women: TP**

**Men (Jack Martin Cup): OH**

## **Winning Teams for Season 2021/22**

U11 Girls: (WGEL Shield) WG

U11 Boys: (WGEL Shield) WG

U13 Girls: (Ron Stone Shield) WG

U13 Boys (Joy Wiggett Cup) WG

U15 Girls (Patrick Grant Shield) LO

U15 Boys (Brian Jones Shield) OH

U17 Girls (Athletic East Shield) OH

U17 Boys (Athletic East Shield) LO

**Men's Division 2 Champions BA (Also promoted ET)**

**Women's Division 2 Champions BA (Also promoted EL)**

**Women's Vets Champions: EM**

**Overall Women's Champions: VP**

**Men's B team winners (Attwood shield): VP**

**Men's Vets Champions (J D Wood Shield) EM**

**Overall Men's Champions (Forest Shield): VP**

**Everpresent runners**, If they run all 7 races, they receive a Chingford League memento in appreciation of their commitment to the league (see separate list)

### **Club codes:**

**BA – Barnet & District AC,  
BR – Barking Road Runners,  
DA – Dagenham 88,  
ED- Edmonton RC,  
EE – East End Road Runners,  
EH – Enfield and Haringey AC  
EL – East London Runners,  
EM – Eton Manor AC,  
ET – East London Triathletes,**

**HW – Harold Wood RC,  
IL – Ilford AC,  
LC – London City AC,  
LH – London Heathside  
LO – Loughton AC,  
MC – Mornington Chasers,  
OH – Orion Harriers,  
TP – Trent Park RC,  
VP – Victoria Park H and THAC,  
WG – W'dford Gn & Essex Ladies.**