

Women's Track and Field

- 60m** - Corinne Humphries - 7.37 - 2019
- 100m** – Corinne Humphries - 11:41 - 2017
- 200m** – Corinne Humphries – 24:03 - 2017
- 400m** – Shammah Sowah – 56:86 – U17 - 2017
- 800m** – Natalie Kipps – 2:11:68 – U23 - 2008
- 1500m** – Danielle Sale - 4:35.3 – U20 - 2006
- 3000m** – Danielle Sale - 9:46.62 – U20 - 2007
- 5000m** – Danielle Sale - 16:47.7 – U20 – 2005
- 60m H** - Amy Richards – 9:75 – U23 – 2018
- 100m H** - Amy Richards – 15:60 – U23 - 2018
- 400m H** – Nikkita Sartori-Sigrist – 70:22 -2012 - U20
- 1500 s/c** - Aoibheann Pearce - 5.14.54 – 2019 - U20
- 2000 s/c** - Aoibheann Pearce - 7.53.77 – 2018 – U17
- 4x100m Relay** - 49:55 - 2017
- 4x400m Relay** – 4:11.4 – 2017
- High Jump** – Lizzie Peattie – 1:70m – 2013 - U17
- Pole Vault** – India Wellings – 2.80m – 2010 - U17
- Long Jump** – Amy Richards – 5:64m – 2018 – U23
- Triple Jump** – Megan Penfold – 10:81m – 2017
- Javelin** – Laura West - 26.34m – 2011 – U17
- Shot Putt (4kg)** – Amy Richards - 10.76m – 2019
- Discus(1kg)** – Laura Adegoke - 28.90m - 2009 – U17
- Hammer (4kg)** – Lucy Dodd - 35.48m – 2017 –U20
- Heptathlon** – Amy Richards – 4116pts - 2014 – U20

Men Track and Field

- 60m** - Hanif Henry - 6.88 - U23

OFFICIAL
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100m – Jermaine Hamilton – 10:70 - U17 - 2012
200m – Jermaine Hamilton – 21:37 - U17 - 2012
400m – Oliver Heeks – 49:30 – U23 - 2011
800m – Joseph Owen – 1:48:57 – U23 – 2022
1500m – Oliver Heeks – 3:53:36 – U23 - 2010
3000m - Frankie Conway - 8.31.5 -2017
5000m - Frankie Conway - 14.32.27 -2017
110m H - Tariq Forde - 16.46 – 2014 - U20
400m H - Tariq Forde - 62.65 -2015 - U20
10000m - Frankie Conway - 30.26.82 - 2017
2000 s/c - Lewis Harknett - 6.04.15 – 2019 - U20
3000s/c - Lewis Harknett - 9.30.79 – 2019 - U20
4x100m Relay - 43.46 - 2018
4x400m Relay - 3.30.77 – 2018
High Jump – Tommy Black – 1:90m – 2010 - U17
High Jump – Rory Vanhorn – 1:90m – 2007 - U20
Pole Vault – Jake Callis – 2.40m – 2013 - U15
Pole Vault – Huy Vu – 2.40m – 2008 - U17
Pole Vault – Aaron Farmer – 2.40m – 2008 – U20
Long Jump – Rory Vanhorn – 6:62m – 2007 – U20
Triple Jump – Rory Vanhorn – 13:11m – 2008 – U23
Long Jump – Rory Vanhorn – 6:62m – 2007 – U20
Javelin - Joss Foot - 68.25m – 2019 - U20
Triple Jump - Moses Musana - 13.27m – 2017 - U20
Shot Putt - Robin Walker - 11.41m – 2014 - V35
Discus - Robin Walker - 30.70m - 2017 - v35
Hammer - Robin Walker - 49.59m – 2015 - v35
Decathlon - Robin Walker – 6919pts- 2017 – v35

OFFICIAL
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ROAD

5km - Oliver Bushdari - 15:11 - March 2023 - SEN

10km - Frankie Conway - 30.27 – 2020 -SEN

Half Marathon - Frankie Conway - 67.24 – 2018 - SEN

Marathon - Nick Harris-Fry - 2:28:34 – 2022 -SEN